PHSE incl. RHE







Moulton Chapel Primary School

- 1. To be able to read, write and speak with confidence and fluency.
- 2. To be able to use mathematical concepts to tackle problems and resolve them.
- 3. To be global citizens that have had cultural experiences beyond their normal lives.
 - 4. To aspire our children to dream big in their career path.
 - 5. Grow into responsible, respectful young people who value each other.

Intent

At Moulton Chapel Primary School, our school intent reflects our desire to provide the best possible education, opportunity and environment for everyone who is part of our school. We believe that our school should be inclusive where ALL aim high, achieve well and develop self-confidence, positive values and beliefs, a sense of community, well-being and caring attitudes to others. Our PHSE curriculum is central to this ethos, and it equips our children with the knowledge, skills and strategies to live healthy, safe and responsible lives.

Implementation



- Health and well-being
 - Relationships
- Living in the wider world

These include work on drug education, financial education and healthy lifestyles.

We have timetabled lessons taught each week throughout the school. We provide many opportunities where children are involved in PHSE outside of the discreet lessons, including assemblies where a range of themes are covered. Some of these covers cross-curricular teaching e.g. RE, History, Art, and Design.

We use the 1decision accredited scheme with resources and guidance to plan and support our teaching. We teach using different and varying strategies including discussion, drama, scenario, worksheet based.



Impact

Ongoing assessments take place throughout the year. Teachers use this information to inform future lessons; ensuring children are supported and challenged appropriately. Teachers use 'assessment for learning' as to inform planning

Children in Foundation Stage are assessed within, and their progress is tracked using Tapestry. Age related expectation levels are reported to all parents at the end of the year.

Our overall impact is measured by whether the children meet age related expectations and are able to retain the knowledge and skills they have learnt and apply these to new situations year on year. We expect our children to demonstrate they are respectful, respectful behaviour to all and this is transferable outside of school in the wider community.

Statutory requirements:

EYFS requirements:

Personal, Social and Emotional Development

- Making relationships Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity
 to others' needs and feelings and form positive relationships with adults and other children.
- **Self-confidence and self-awareness** Children are confident to try new activities and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.
- Managing feelings and behaviour Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some
 behaviour is unacceptable. They work as part of a group or class and understand and follow the rules. They adjust their behaviour to different situations and take changes of routine
 in their stride.

The Department for Education published Statutory Guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education in June 2019. This document sets out what schools must cover from September 2020. Our broader PHSE/RHE curriculum covers cover economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk.

Within each of the core themes children learn about:

Health and wellbeing	Relationships	Living in the wider world		
Healthy lifestyles Mental health Ourselves, growing and changing Keeping safe Drugs, alcohol and tobacco	Families and close positive relationships Friendship Managing hurtful behaviour and bullying Safe relationships Respecting self and others	Shared responsibility Community Media literacy and digital resilience Economic wellbeing Money - Aspirations, work and career		

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Progression through the school

KS1 Year A	Topic	In this unit of work, pupils learn about			
Autumn 1 Keeping and staying safe		 Road Safety Tying shoelaces Staying safe Leaning out of car windows 			
Autumn 2					
Spring 1	Computer Safety	 Online bullying Image sharing Making friends online Computer safety 			
Spring 2					
Summer 1	Relationships	 Bullying Friendship Body language Touch 			
Summer 2					

KS1 Year B		In this unit of work, pupils learn about		
Autumn 1	Keeping and staying healthy	 Healthy Eating Washing hands Brushing teeth Medicine 		
Autumn 2				

Spring 1	Our World	Growing up in our world
Spring 1	Our World	
		Living in our world
		Working in our world
		Looking after our world
Spring 2		
Summer 1	Feelings and Emotions	Jealousy
		• Anger
		• Worry
		• Grief
Summer 2		
KS1 Year C	Topic	In this unit of work, pupils learn
Autumn 1	Being Responsible	Practice makes perfect
	being responsible	Water spillage
		Helping someone in need
		• Stealing
Autumn 2		
Spring 1		
Spring 2	Fire Safety	Hoax calling
		Petty arson
		Texting whilst driving
		Visit from or to a Fire station
Summer 1		
Summer 2	Hazard Watch	What is safe to eat and drink?
		What is safe to play with?
		Being safe near water
	•	•

LKS2 Year A		In this unit of work, pupils learn	
Autumn 1	Keeping and staying safe	 Brushing teeth Medicine Healthy living 	
Autumn 2	Relationships / Growing and changing	 Bullying Touch Relationships 	

Spring 1	Feelings and Emotions	Jealousy
		• Anger
		• Worry
		• Grief
Spring 2	Computer Safety	Online bullying
		Image sharing
		Making friends online
		Computer safety
Summer 1	First Aid	Basic first Aid
		Breathing difficulties
		• Choking
Summer 2	Being Responsible	Stealing
		Coming home on time
		Looking out for others

LKS2 Year B	Topic	In this unit of work, pupils learn
Autumn 1	Keeping / staying healthy	Brushing teeth
		• Medicine
		Healthy living
Autumn 2	Computer Safety	Making friends online
		Online bullying
		Image sharing
Spring 1	0 11/71 1: 11	Looking after the world
	Our World / The working world	Chores at home
		• Enterprise
Spring 2		
Summer 1	Hazard Watch	What is safe to eat and drink?
		What is safe to play with?
		Being safe near water
Summer 2	A world without judgement	Breaking down barriers
		Inclusion and acceptance
		British Values

UKS2 Year A	Topic	In this unit of work, pupils learn
Autumn 1	Keeping / Staying safe	Cycle safety
		Peer pressure
		Water safety
Autumn 2	Computer Safety	Online Bullying
		Image sharing
		Making friends online
		Computer safety
Spring 1	First Aid	Basic First Aid
		Breathing difficulties
		Head injuries, burns, bleeding
Spring 2	Growing up and changing	Relationships
		Puberty
		Conception
Summer 1	The working world	Chores at home
		Enterprise
		In-App purchases
Summer 2	A world judgement	Breaking down barriers
		Inclusion and acceptance
		British Values

Topic	In this unit of work, pupils learn
Keeping / staying Healthy	Healthy diet
	Smoking
	Alcohol
Feelings and Emotions	• Jealousy
	• Anger
	Worry
	Grief
Growing up and changing	Relationships
are aming up and analysing	Puberty
	Conception
Computer Safety	Online Bullying
	Image sharing
	Making friends online
	Computer safety
	Keeping / staying Healthy Feelings and Emotions Growing up and changing

Summer 2	Being responsible	•	Coming home on time
		•	Looking out for others
		•	Stealing

Whole School Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 - A	Keeping / Staying safe		Computer Safety		Relationships	
KS1 - B	Keeping / staying healthy		Our World		Feelings and emotions	
KS1 - C	Being Responsible			Fire Safety		Hazard Watch
Y3/4 - A	Keeping / staying safe Staying safe Leaning out of windows Cycle safety	Relationships / growing up and changing Touch Appropriate touch	Feelings and emotions Grief Anger Jealousy	Computer Safety Making friends online Online bullying Image sharing	First Aid	Being responsible Stealing Coming home on time Looking out for others
Y3/4 - B	Keeping / staying healthy Brushing teeth Medicine Healthy living	Computer safety Making friends online Online bullying Image sharing	Our world / The working world Looking after our world Chores at home Enterprise		Hazard Watch	A world without judgement
Y5/6 - A	Keeping / staying safe	Computer safety	First Aid	Growing up and changing	The working world	A world without judgement
Y5/6 - B	Keeping / staying healthy	Feelings and emotions	Growing up and changing		Computer safety	Being responsible

PHSE / RHE vocabulary

EYFS & Year 182

Health and Well-being

Healthy unhealthy safe unsafe exercise heart hygiene germs spreading emergency medicines vaccinations immunisations allergies personal accident drugs alcohol tobacco

Relationships

Family names friends lonely co-operate together permission contact uncomfortable respect courteous opinions important

Living in the wider world

Rules environment community responsibilities earn money interests online roles save spend

Year 3 & 4

Health and Well-being

Healthy lifestyle physical health habits negative impact effect mental health wellbeing risks legal illegal nutrition decay inactive intensity injuries strengths achievements skills

Relationships

Friendship relationships online committed positive lonely excluded pressure bullying respectful advice foster adoption blended families mutual respect kindness generosity confidential secrets and surprises

Living in the wider world

Rules and laws responsibilities choices reducing reusing recycling community saving and spending good value careers goals compassion contributions audience loan fair trade charity stereotypes career aspirations

Year 5 4 6

Health and Well-being

Bacteria virus infection hygiene prevent immunisations vaccinations genitalia vocabulary (including penis, vagina, sperm, egg) menstruation menstrual cycle periods sanitary towel erections wet dreams regulations restrictions inappropriate sun exposure cancer addictions bereavement independence

Relationships

Marriage civil partnership legal declaration samesex reconcile dispute peer influence peer approval self-respect discrimination gender identity orientation forced marriage boundaries permission consent traditions lifestyle topical issues

Living in the wider world

Human rights diversity diverse community storing information teamwork communication negotiation losing rights and responsibilities stereotypes negative influence prejudice gambling future aspirations career path university college apprenticeships